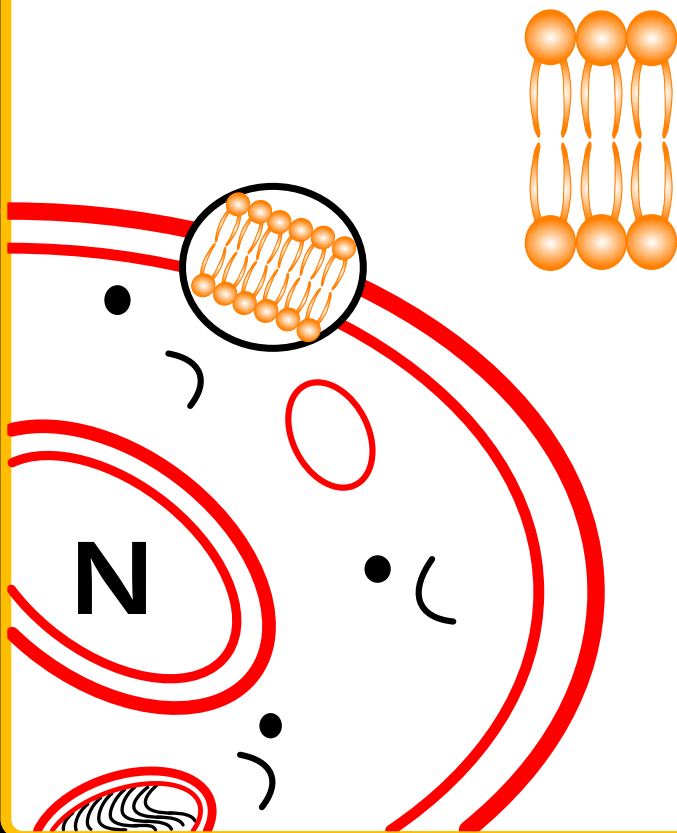


Wellness

Essential Fatty Acids



Wellness Speaker Paul Beatty

Paul Beatty has appeared on the:

- David Suzuki Show
- 'The Nature of Things'
- W5
- CBC Journal
- Dini Petty
- The Shirley Show

Paul has published articles in:

- Alive Magazine
- The Messenger
- As well as many other wellness journals

As a board member of the [M.E. Association of Ontario](#) went on to be a co-founder of the [M.E. Association of Halton Hamilton Wentworth](#).

Paul has studied with top scientists around the world in the field of Essential Fatty Acids. His specialties are:

- Chronic Fatigue
- Fibromyalgia
- Depression
- ADD
- ADHD
- Multiple Chemical Sensitivity
- Environmental Disease
- Cancers
- Anti-Aging

He will share with you his personal story which led him on a journey from Corporate America to being diagnosed with a life threatening condition that hundreds of thousands of people fall ill with every year.

The doctors discovered high titres of [Epstein Barr Virus](#), [Cytomegalovirus](#) and [Human Herpes #6](#) - the diagnosis was [Myalgic Encephalomyelitis \(CFS, CFIDS\)](#). He had [Malignant Hypothermia](#), [secondary fibromyalgia](#), [tumours](#), [bleeding eczema](#), was bed ridden, and his hair was falling out.

Being unable to work and given little hope by doctors he turned what little energy he had to regaining his health on his own.

Thanks to [Dr. Peter Behan](#), a Harvard trained neurologist, [Dr. David Horrobin](#) [eminent EFA researcher] and [Dr. Mehar Manku](#) [EFA scientist] Paul reversed his diseases and regained his life. Since then he continues to seek out EFA knowledge and is proactive in healing others.

Paul was educated at [McMaster University](#), obtaining three degrees - [B.A.](#), [B.P.H.E.](#), [M.B.A.](#). His early interest in Human Physiology and Health Sciences would serve him well later in life as research unfolded in the specialized area of essential fatty acids and eicosanoids.

Countless hours are spent educating and guiding others on Anti-Aging Nutrition, Non-Toxic Lifestyle choices, the importance of Essential Fatty Acids, good fats, bad fats, killer fats and their role in our families' well being.

Find out his best kept secrets in cellular nutrition, the affects of hidden household poisons and environmental toxins. Learn how to cheat your genetic inheritance and why a lot of nutritional advice is 20 years behind.

This information will be a gift to you and the ones you care about as Paul sets your stage for a remarkable adventure.

THREE MAIN CONCERNS

PROBLEM

- 1 SOIL & FOOD
MINERAL/VITAMIN DEPLETED
- 2 TOO MANY TRANS-FATS
TOO LITTLE GOOD FATS - EFA's
- 3 TOXIC WORLD - FOOD, WATER, AIR

TOXIC RELATIONSHIPS

WHY

- ▶ LACK OF CROP ROTATION
- ▶ 7TH YEAR (FALLOW) REGULATE
- ▶ PROCESSED AND HYDROGENATED OILS
- ▶ SHORT SHELF LIFE
- ▶ CHEMICALS AND CARCINOGENS
CAUSE CANCER
- ▶ STRESS

SOLUTIONS !

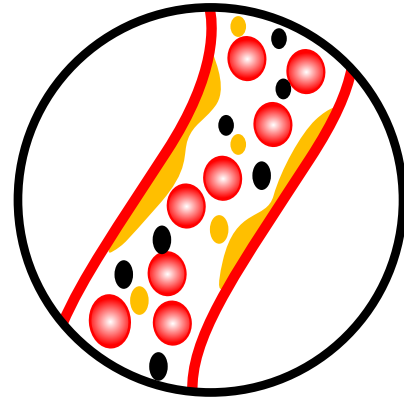
- 1 LIFE INSURANCE – MULTI-VITAMIN/MINERAL COMPLEX
BEST VALUE – PATENTED FRUCTOSE COMPOUNDED MINERALS
VITALITY PAK FROM MELALEUCA
STOP EATING TRANS-FATS AND PROCESSED OILS
- 2 EAT ESSENTIAL FATTY ACIDS AND DERIVATIVES
EFAMOL EPO (Ω 6)
EPA/DHA FISH OIL WINTER > COD LIVER OIL (Ω 3)

SUMMER > SKIN FISH OIL (Ω 3)
- 3 STOP USING CANCER CAUSING TOXIC SUBSTANCES AND REDUCE
FREE RADICAL DAMAGE
RID THE HOME OF CHLORINE BLEACH, FORMALDEHYDE, PESTICIDES, PHENOLS, PCBs,
DIOXINS, ETC.... (LAUNDRY AND CLEANING PRODUCTS)
INCREASE FLAVONOID INTAKE I.E. FRUITS AND VEGETABLES - PROVEX CV MELALEUCA

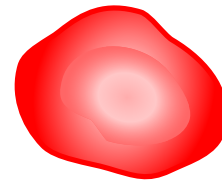
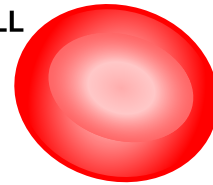
**INCREASED RATE OF REPAIR IS GREATER THAN RATE OF DESTRUCTION
= REVERSING THE DISEASE PROCESS**

TRANSPORT SYSTEM

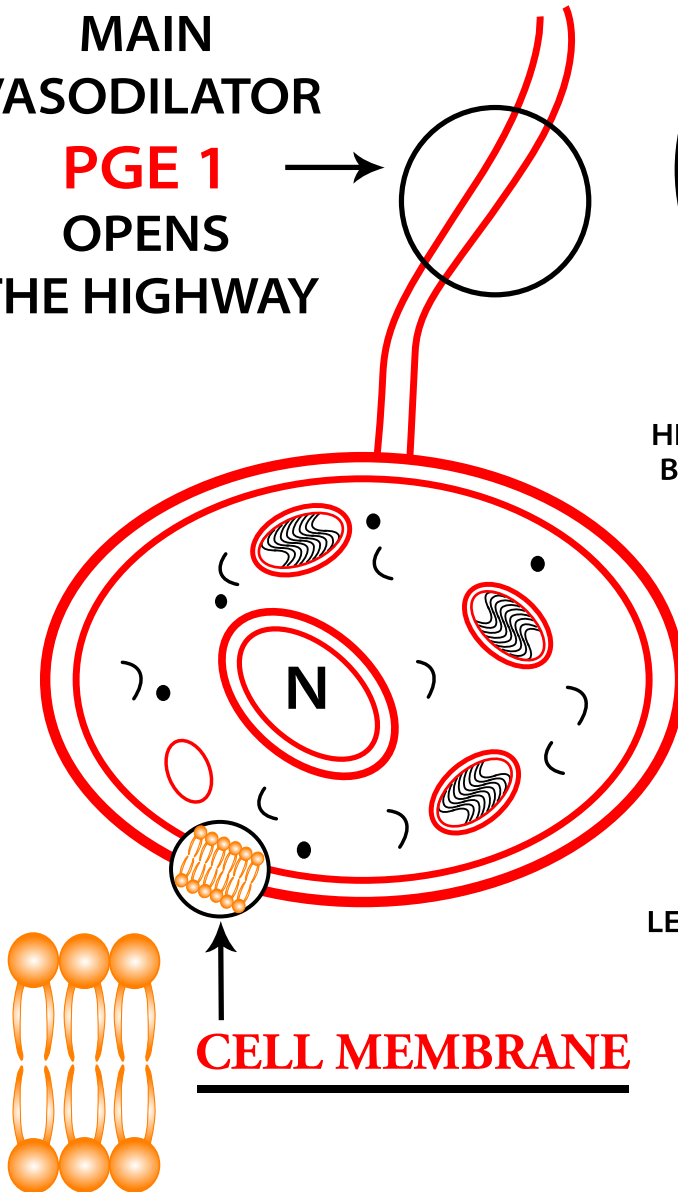
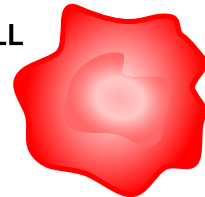
MAIN
VASODILATOR
PGE 1
OPENS
THE HIGHWAY



HEALTHY RED
BLOOD CELL



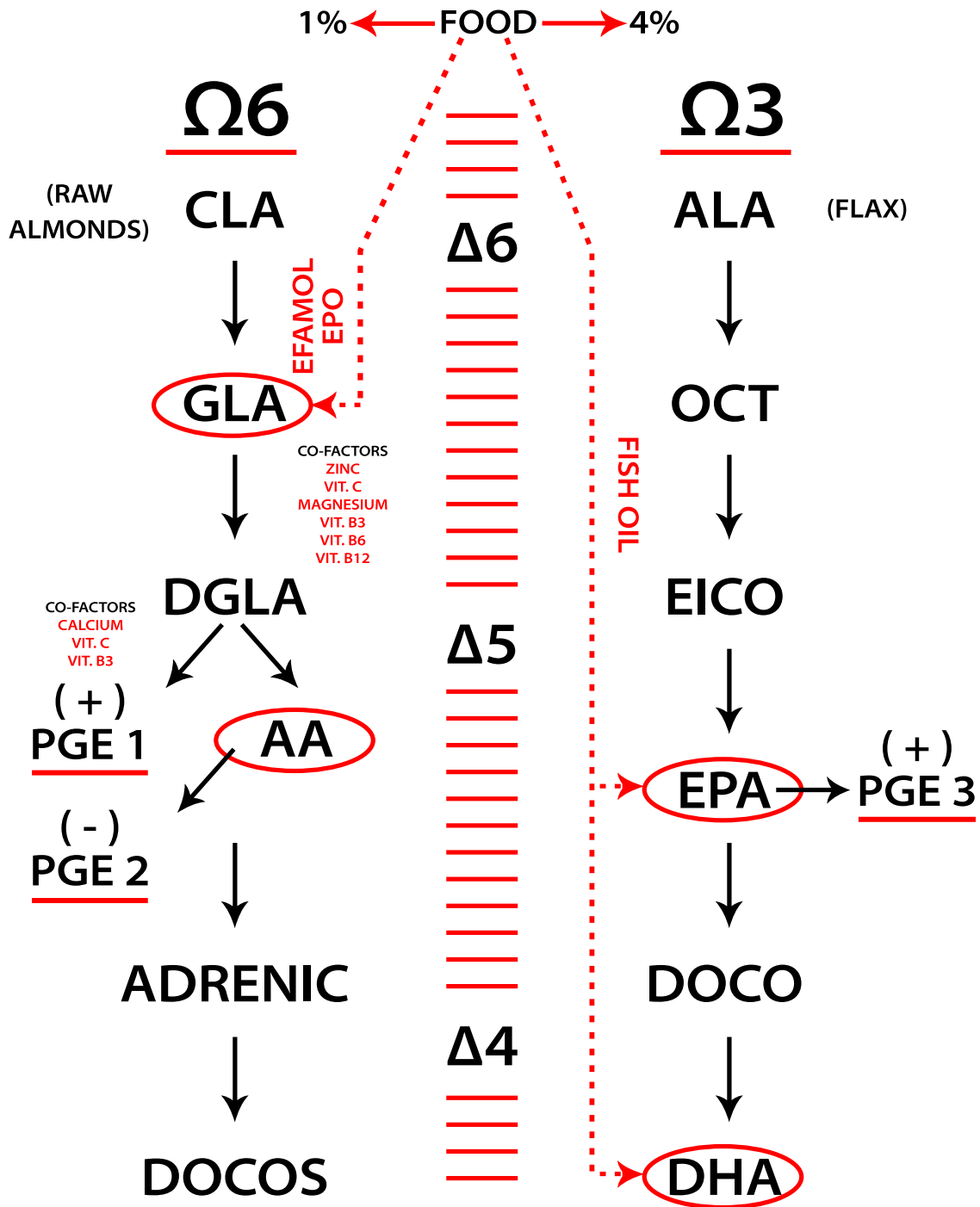
LEUKEMIA CELL



CELL MEMBRANE

- 1) CELL MEMBRANE INTEGRITY (SKIN, HAIR, NAILS, ETC...)
- 2) BALANCE EICOSANOIDS (ALL CELLULAR FUNCTIONS)

EFA METABOLISM



KEY BALANCE

2 PARTS GLA (Ω6) to 1 PART EPA (Ω3)

3 EFAMOL (Ω6) to 1 Fish Oil (Ω3)

3,000 mg (Ω6) to 1,000 mg (Ω3)